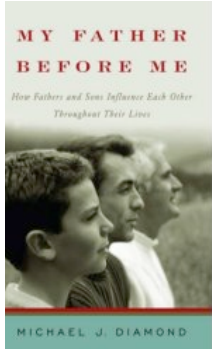


—INTERVIEW RELEASE—

Michael J. Diamond author of *MY FATHER BEFORE ME: How Fathers and Sons Influence Each Other Throughout Their Lives* (W.W. Norton) is available for interviews by phone.



WHAT: For interviews, psychoanalyst and clinical psychologist Michael J. Diamond is available to discuss the unique ways fathers and sons influence each other throughout their lives.

For decades, mothers were thought to be the only real influence on a child. Search any bookshelf for books about the relationship between parents and children, and you will see title after title describing the role that mothers play, particularly when it comes to raising girls. But today we not only recognize that fathers have a unique and essential role to play in raising children—but that sons are also equally influential in the development of their fathers. Yet, surprisingly little information is available on this important aspect of parenting.

As we approach the Father's Day holiday this June, clinical psychologist Michael J. Diamond can offer an illuminating and fresh perspective on not only how fathers influence their sons, but also how sons affect their fathers. In his new book, **MY FATHER BEFORE ME: How Fathers and Sons Influence Each Other Throughout Their Lives** [W. W. Norton & Company; \$24.95 cloth], Diamond firmly establishes fatherhood as an essential event for the emotional and intellectual development of all the men in a family while providing a model for understanding the intricacies of the father-son bond.

As Diamond attests, being a father is a complex and evolving lifelong relationship that repeatedly requires men to access parts of themselves they previously ignored or purposefully shut out. Using case studies from his own practice, Diamond shows how fathers and sons are uniquely positioned to help one another through each of life's major transitions. He argues that sons are indirectly responsible for helping their fathers embrace a more flexible notion of manhood, making them better partners and better parents. **MY FATHER BEFORE ME** is an important book that enables us to make sense of the question: what does it truly mean to be a man.

WHO: **Michael J. Diamond**, a prominent psychoanalyst and clinical psychologist who was recently named Distinguished Psychoanalyst of the Year by the Institute for Psychoanalytic Training and Research, lives and practices in Los Angeles. He is available for interviews by phone and is available as a source to discuss fathers, sons, and the parenting of boys (of particular significance for the annual Father's Day holiday).

TO BOOK AN INTERVIEW CONTACT: Dr. Michael J. Diamond by phone: (310) 472-9499 or email him at: michael@drmichaeldiamond.com or www.drmichaeldiamond.com or contact, Rob Nissen, Nissen Public Relations by phone: (973) 410-1234 or email: rob@nissenpr.com